



Your child has expressed an interest in joining the 2021 Cross Country Running Team at Stony Plain Central School!

Races are held afterschool on Thursdays. Parents/Guardians are responsible to bring their child to and from each race. Races start with the youngest age groups at 4:15pm. After school practices for K-5 will be on Tuesdays with Miss Mitchell from 3:15-3:45pm (weather permitting) and practices for students in Grade 6-9 will be Tuesday at lunch times with Mr. Moody and Mrs. Broadbent.

Runners in the youngest age groups (generally Kindergarten to Grade 2) will run 800m, the next age groups (generally Grade 3-6) will run 1000m, and the oldest age groups (generally Grade 7-9) run 2000m - all depending on what year the student was born in.

Runners from Kindergarten to Grade 9 join the team and pay for the races in advance. Included in the \$45 team fee is a t-shirt that team members will wear to the meets and it will be theirs to keep at the end of the season. If you have a t-shirt from a previous year, the fee will be \$25.

The following dates are the Cross Country Meets that Stony Plain Central will be attending:

Thursday, September 16th @ 4:15pm - Meridian Heights School

Thursday, September 23rd @ 4:15pm - Blueberry School (at Chickakoo Recreational Area)

Thursday, September 30th @ 4:15pm - Tomahawk School

Thursday, October 7th @ 4:15pm - Woodhaven School

Thursday, October 14th @ 4:15pm - Living Waters School (at Jubilee Park in Spruce Grove)

Please feel free to call us at the school with any question or concerns 780-963-2203 or email Stephanie Mitchell at Stephanie.Mitchell@psd.ca

Student Name: _____

Student Year of Birth: _____

Student Gender: _____

Student's Teacher at Stony Plain Central: _____

I, _____ (parent name), give
permission for _____ (student
name) to join the Stony Plain Central Cross Country Running Team.

Parent Signature: _____

I have enclosed :

☐ \$45 (team fee +t-shirt)

☐ Circle size choice: Youth Small, Youth Medium, Youth Large
Adult Small, Adult Medium, Adult Large, Adult XL

OR

☐ \$25 (team fee + NO t-shirt)

Payment accepted as cash, cheque or on parent portal.

REMIND LINK =

<https://remind.com/join/spccro>

